



## Periodic Health Update (PHU) Reimbursement Letter for TRICARE Providers 2024-2025

Greetings TRICARE Provider,

This is written to inform you that your patient is an Active-duty service member in the United States Public Health Service (USPHS). To meet service readiness requirements, TRICARE will cover this service member's annual examination even if it occurs within one year of their prior exam.

Public Health Service officers are required to complete their annual Periodic Health Update (PHU) during a three-month period, that starts the month prior to their birth month and ends on the last day of the month after their birth month. For example, a birthday of January 28<sup>th</sup> requires that a Public Health Service officer complete and submit their PHU between December 1<sup>st</sup> and February 28<sup>th</sup>/ 29<sup>th</sup>.

If you experience difficulties with reimbursement, please contact the officer and provide them with the billing information. Remind them to contact the Medical Affairs Branch at Commissioned Corps Headquarters. We will contact the TRICARE regional contractor and inform them that the exam is a readiness requirement.

In addition, below is the contact information for the TRICARE contractors:

- Humana (TRICARE East) - 1-800-444-5445
- Health Net (TRICARE West) - 1-844-866-9378

Very respectfully,

Michelle Braun  
CAPT, USPHS  
Chief, Medical Affairs Branch  
Commissioned Corps Headquarters